

week 1 Poky				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>papa murphy's pizza bread stick</p> <p><b>HEALTHY CHOICE</b> salad baby carrots applesauce , fresh fruit green beans choice of milk</p>	<p>papa murphy's pizza bread stick</p> <p><b>HEALTHY CHOICE</b> salad corn tropical fruit or fresh fruit strawberries choice of milk</p>	<p>papa murphy's bread stick</p> <p><b>HEALTHY CHOICE</b> salad carrots or celery sticks peaches or fresh fruit choice of milk</p>	<p>papa murphy's pizza bread stick</p> <p><b>HEALTHY CHOICE</b> salad broccoli or cauliflower mandarin oranges or fresh fruit melons choice of milk</p>	<p>papa murphy's pizza bread stick</p> <p><b>HEALTHY CHOICE</b> salad pineapple or fresh fruit pears choice of milk</p>
<p>cheese burger chips</p> <p><b>HEALTHY CHOICE</b> applesauce, baby carrots green beans fresh fruit choice of milk</p>	<p>burrito's</p> <p><b>HEALTHY CHOICE</b> refried beans corn or mexi rice tropical fruit or fresh fruit strawberries choice of milk</p>	<p>chicken burger chips</p> <p><b>HEALTHY CHOICE</b> salad carrots or celery sticks peaches or fresh fruit choice of milk</p>	<p>Italian chicken sandwich chips</p> <p><b>HEALTHY CHOICE</b> melons broccoli or cauliflower mandarin oranges or fresh fruit choice of milk</p>	<p>galaxy pizza bread stick</p> <p><b>HEALTHY CHOICE</b> salad pineapple or fresh fruit pears choice of milk</p>
<p>sweet n sour chicken over rice t-roll</p> <p><b>HEALTHY CHOICE</b> applesauce salad baby carrots, fresh fruit green beans choice of milk</p>	<p>fiesta line                      soft taco mexi rice                      nacho's</p> <p><b>HEALTHY CHOICE</b> refried beans corn tropical fruit or fresh fruit strawberries choice of milk</p>	<p>pasta line                      Lasagna bread sticks                      Chicken Alfredo    Beef Spaghetti</p> <p><b>HEALTHY CHOICE</b> salad carrots or celery sticks peaches or fresh fruit choice of milk</p>	<p>Italian Dunkers Hoagie Bun</p> <p><b>HEALTHY CHOICE</b> melons broccoli or cauliflower mandarin oranges or fresh fruit choice of milk</p>	<p>Chicken Corn on taters t-roll</p> <p><b>HEALTHY CHOICE</b> salad pineapple or fresh fruit pears choice of milk</p>
<p>deli-line chips</p> <p><b>HEALTHY CHOICE</b> applesauce salad baby carrots, fresh fruit green beans choice of milk</p>	<p>deli-line chips</p> <p><b>HEALTHY CHOICE</b> corn salad or strawberries tropical fruit or fresh fruit choice of milk</p>	<p>deli-line chips</p> <p><b>HEALTHY CHOICE</b> salad carrots or celery sticks peaches or fresh fruit choice of milk</p>	<p>deli-line chips</p> <p><b>HEALTHY CHOICE</b> salad broccoli or cauliflower mandarin orange or fresh fruit melons choice of milk</p>	<p>deli-line chips</p> <p><b>HEALTHY CHOICE</b> salad f.f. dressings pineapple or fresh fruit pears choice</p>

week 2 Poky				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>papa murphy's pizza bread stick</p> <p><b>HEALTHY CHOICE</b> salad fresh fruit applesauce baby carrots choice of milk</p>	<p>papa murphy's pizza bread stick</p> <p><b>HEALTHY CHOICE</b> salad fresh fruit or strawberries tropical fruit corn choice of milk</p>	<p>papa murphy's pizza bread stick</p> <p><b>HEALTHY CHOICE</b> salad fresh fruit melons or peaches green beans choice of milk</p>	<p>papa murphy's bread stick</p> <p><b>HEALTHY CHOICE</b> salad fresh fruit mandarin oranges baby carrots choice of milk</p>	<p>papa murphy's bread stick</p> <p><b>HEALTHY CHOICE</b> salad f.f. dressings fresh fruit pineapple broccoli &amp; cauliflower choice of milk</p>
<p>toasted cheese sandwich veggie beef soup</p> <p><b>HEALTHY CHOICE</b> salad fresh fruit applesauce baby carrots choice of milk</p>	<p>crispito's</p> <p><b>HEALTHY CHOICE</b> refried beans fresh fruit or strawberries corn tropical fruit choice of milk</p>	<p>chicken cordon bleu chips</p> <p><b>HEALTHY CHOICE</b> salad fresh fruit melons or peaches green beans choice of milk</p>	<p>chicken nuggets</p> <p><b>HEALTHY CHOICE</b> mac n cheese fresh fruit mandarin oranges salad or baby carrots choice of milk</p>	<p>galaxy pizza bread stick</p> <p><b>HEALTHY CHOICE</b> salad f.f. dressings fresh fruit pineapple broccoli &amp; cauliflower choice of milk</p>
<p>burger line      cheese burger chips              chicken buger burger              Fish burger</p> <p><b>HEALTHY CHOICE</b> salad fresh fruit applesauce baby carrots choice of milk</p>	<p>fiesta line      soft taco mexi rice              nacho's</p> <p><b>HEALTHY CHOICE</b> refried beans fresh fruit or strawberries corn tropical fruit choice of milk</p>	<p>pasta line              Ravioli Hoagie Buns              chicken alfredo    lasagna</p> <p><b>HEALTHY CHOICE</b> salad fresh fruit melons or peaches green beans choice of milk</p>	<p>turkey pot roast mashed potatoes</p> <p><b>HEALTHY CHOICE</b> salad fresh fruit mandarin oranges baby carrots choice of milk</p>	<p>spicy chicken sandwich chips</p> <p><b>HEALTHY CHOICE</b> salad f.f. dressings fresh fruit pineapple broccoli &amp; cauliflower choice of milk</p>
<p>deli-line chips</p> <p><b>HEALTHY CHOICE</b> salad applesauce fresh fruit baby carrots choice of milk</p>	<p>deli-line chips</p> <p><b>HEALTHY CHOICE</b> strawberries fresh fruit tropical fruit corn choice of milk</p>	<p>deli-line chips</p> <p><b>HEALTHY CHOICE</b> salad fresh fruit melons or peaches green beans choice of milk</p>	<p>deli-line chips</p> <p><b>HEALTHY CHOICE</b> salad fresh fruit mandarin oranges baby carrots choice of milk</p>	<p>deli-line chips</p> <p><b>HEALTHY CHOICE</b> salad fresh fruit pineapple broccoli &amp; cauliflower choice</p>

week 3 Poky				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>papa murphy's pizza bread stick</p> <p><b>HEALTHY CHOICE</b> salad applesauce fresh fruit or baby carrots choice of milk</p>	<p>papa murphy's pizza bread stick</p> <p><b>HEALTHY CHOICE</b> corn mandarin orange salad fresh fruit choice of milk</p>	<p>papa murphy's pizza bread stick</p> <p><b>HEALTHY CHOICE</b> salad tropical fruit pineapple or peas fresh fruit choice of milk</p>	<p>papa murphy's pizza bread stick</p> <p><b>HEALTHY CHOICE</b> salad mixed veggies cheese sauce pears or fresh fruit choice of milk</p>	<p>papa murphy's pizza bread stick</p> <p><b>HEALTHY CHOICE</b> salad green beans peaches or fresh fruit melons choice of milk</p>
<p>chicken strips</p> <p><b>HEALTHY CHOICE</b> scalloped potatoes applesauce or fresh fruit salad or baby carrots choice of milk</p>	<p>burrito's</p> <p><b>HEALTHY CHOICE</b> refried beans or mexi rice corn mandarin oranges fresh fruit choice of milk</p>	<p>chicken burger chips</p> <p><b>HEALTHY CHOICE</b> salad tropical fruit pineapple or peas fresh fruit</p>	<p>french dip chips</p> <p><b>HEALTHY CHOICE</b> mixed veggies cheese sauce pears or fresh fruit choice of milk</p>	<p>galaxy pizza bread stick</p> <p><b>HEALTHY CHOICE</b> salad green beans peaches or fresh fruit melons</p>
<p>burger line chips</p> <p><b>HEALTHY CHOICE</b> Salad applesauce fresh fruit or baby carrots choice of milk</p>	<p>cheese burger chicken burger fish burger</p> <p><b>HEALTHY CHOICE</b> refried beans corn mandarin oranges fresh fruit choice of milk</p>	<p>fiesta line mexi rice</p> <p>soft taco Taco burger</p> <p><b>HEALTHY CHOICE</b> salad tropical fruit pineapple or peas fresh fruit choice of milk</p>	<p>pasta line bread stick</p> <p>Lasagna Veggie Alfredo Baked chicken parm.</p> <p><b>HEALTHY CHOICE</b> salad tropical fruit pineapple or peas fresh fruit choice of milk</p>	<p>chicken wings mashed potatoes chicken gravy</p> <p><b>HEALTHY CHOICE</b> mixed veggies cheese sauce pears or fresh fruit choice of milk</p>
<p>chicken corn on taters t-rolls</p> <p><b>HEALTHY CHOICE</b> salad green beans peaches or fresh fruit melons choice of milk</p>				
<p>deli-line chips</p> <p><b>HEALTHY CHOICE</b> salad applesauce fresh fruit or baby carrots choice of milk</p>	<p>deli-line chips</p> <p><b>HEALTHY CHOICE</b> salad mandarin oranges corn fresh fruit choice of milk</p>	<p>deli-line chips</p> <p><b>HEALTHY CHOICE</b> salad tropical fruit pineapple or peas fresh fruit choice of milk</p>	<p>deli-line chips</p> <p><b>HEALTHY CHOICE</b> mixed veggies cheese sauce pears or fresh fruit choice of milk</p>	<p>deli-line chips</p> <p><b>HEALTHY CHOICE</b> salad green beans peaches or fresh fruit melons choice of milk</p>

week 4 Poky				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>papa murphy's pizza bread stick</p> <p><b>HEALTHY CHOICE</b> salad applesauce corn baby carrots or fresh fruit choice of milk</p>	<p>papa murphy's pizza bread stick</p> <p><b>HEALTHY CHOICE</b> salad corn fresh fruit or tropical fruit choice of milk</p>	<p>papa murphy's pizza bread stick</p> <p><b>HEALTHY CHOICE</b> salad fresh melons strawberries fresh fruit choice of milk</p>	<p>papa murphy's bread stick</p> <p><b>HEALTHY CHOICE</b> salad pears or fresh fruit green beans baby carrots choice of milk</p>	<p>papa murphy's bread stick</p> <p><b>HEALTHY CHOICE</b> salad pineapple fresh fruit choice of milk</p>
<p>toasted cheese tomato soup</p> <p><b>HEALTHY CHOICE</b> salad applesauce corn baby carrots or fresh fruit choice of milk</p>	<p>crispito's</p> <p><b>HEALTHY CHOICE</b> refried beans corn or mexi rice tropical fruit fresh fruit choice of milk</p>	<p>chicken cordon bleu chips</p> <p><b>HEALTHY CHOICE</b> salad fresh melons strawberries fresh fruit choice of milk</p>	<p>chicken nuggets scalloped potatoes</p> <p><b>HEALTHY CHOICE</b> pears or fresh fruit green beans baby carrots or salad choice of milk</p>	<p>galaxy pizza bread stick</p> <p><b>HEALTHY CHOICE</b> salad pineapple fresh fruit choice of milk</p>
<p>burger line chips</p> <p><b>HEALTHY CHOICE</b> salad applesauce corn baby carrots or fresh fruit choice of milk</p>	<p>cheese burg. chic. burg. fish burg.</p> <p><b>HEALTHY CHOICE</b> refried beans corn tropical fruit fresh fruit choice of milk</p>	<p>fiesta line mexi rice</p> <p>Soft taco Taco burger</p> <p><b>HEALTHY CHOICE</b> salad fresh melons strawberries fresh fruit choice of milk</p>	<p>pasta line Lasagna Buns Ravioli Chic. Alfredo</p> <p>Hoagie</p> <p><b>HEALTHY CHOICE</b> salad fresh melons strawberries fresh fruit choice of milk</p>	<p>turkey gravy w/ mashed potatoes &amp; t-roll</p> <p><b>HEALTHY CHOICE</b> salad pears or fresh fruit green beans baby carrots choice of milk</p>
<p>chicken enchiladas chicken rice</p> <p><b>HEALTHY CHOICE</b> salad pineapple mexi rice fresh fruit choice of milk</p>	<p>deli-line chips</p> <p><b>HEALTHY CHOICE</b> salad applesauce corn baby carrots or fresh fruit choice of milk</p>	<p>deli-line chips</p> <p><b>HEALTHY CHOICE</b> salad fresh melons strawberries fresh fruit choice of milk</p>	<p>deli-line chips</p> <p><b>HEALTHY CHOICE</b> salad pears or fresh fruit green beans baby carrots choice of milk</p>	<p>deli-line chips</p> <p><b>HEALTHY CHOICE</b> salad f.f. dressings pineapple fresh fruit choice of milk</p>